



ULTIMATE FITNESS CHESHIRE

GROUP TRAINING TIMETABLE



GROUP TRAINING TIMETABLE

MONDAY

6:30 am

7:15 am

10:00 am

12:00 pm

5:45 pm

7:00 pm

TUESDAY

7:15 am

10:00 am

5:45 pm

6:30 pm

WEDNESDAY

6:30 am

7:15 am

10:00 am

12:00 pm

5:45 pm

7:00 pm

THURSDAY

7:15 am

10:00 am

5:45 pm

6:30 pm

FRIDAY

6:30 am

7:15 am

10:00 am

12:00 pm

5:45 pm

SATURDAY

8:30 am

9:15 am

10:00 am

All classes need to be pre-booked via the App.

All classes will take place at The Bunker, Appleton Thorn, Warrington WA4 4RS

www.ultimatefitnesscheshire.co.uk