



ULTIMATE FITNESS CHESHIRE

# GROUP TRAINING TIMETABLE



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## MONDAY

6:30 am  
7:15 am  
9:15 am  
10:15 am  
2:15 pm (Fusion)  
5:45 pm  
7:00 pm

## TUESDAY

6:30 am  
7:15 am  
10:15 am  
12:45 pm  
5:45 pm  
6:30 pm  
8:30pm (Fusion)

## WEDNESDAY

6:30 am  
7:15 am  
9:15 am  
10:15 am  
5:45 pm  
7:00 pm

## THURSDAY

6:30 am  
7:15 am  
10:15 am  
12:45 pm  
5:45 pm  
6:30 pm

## FRIDAY

6:30 am  
7:15 am  
9:15am  
10:15 am  
2:15 pm (Fusion)  
5:45 pm

## SATURDAY

8:30 am  
9:15 am  
10:00 am (Fusion)

All classes need to be pre-booked via the App.

All classes will take place at The Bunker, Appleton Thorn, Warrington WA4 4RS

[www.ultimatefitnesscheshire.co.uk](http://www.ultimatefitnesscheshire.co.uk)